

# Download Your Flight To Happiness

There I was, buckling my seatbelt at the start of a 3 hour flight from Dallas to Indianapolis. I exchanged a verbal hello to the people crammed next to me, before twisting my body to retrieve my copy of Level Up Your Life from my laptop bag. Find Your Path to Happiness Using Your Inner GPS Just as cars have a GPS that helps us get where we want to go, so do our bodies and souls. Too often, we ignore the life-directional system we were each born with, what Zen Cryar DeBrucke calls our Internal Guidance System (IGS). Not even 24 hours of flight delays and airport food could deter this writer from finding his bliss. Make meal pre-order on flight with airBaltic airlines, airBaltic meal pre-order, airBaltic meal, make pre-order on board