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Agni Yoga is a synthesis of all yogas, especially Karma Yoga, Bhakti Yoga and Raja Yoga. Agni is the Sanskrit word for Fire—the Creative Fire of the Cosmos—the Fire that is found in varying degrees at the foundation of all Yogas. Bikram Yoga (trademark) is a vigorous style of Vinyasa Hatha Yoga created by Yogiraj Bikram Choudhury. A unique feature of Bikram Yoga is that it is practiced indoors to a high level of heat (~40°C) and humidity (~40%), mimicking conditions in India. The myriad benefits of yoga – including lower blood pressure, increased strength and bone density and reduced anxiety – should be enough to get anyone on the mat. The World's Largest Directory for Yoga in India. Read Real Reviews and Comments. See Venue Videos, Images and Descriptions. Contact the Organizers.