

# Download Toxic Staple How Gluten May Be Wrecking Your Health And

Toxic Staple: How Gluten May Be Wrecking Your Health and What You Can Do about It! has been named the recipient of four awards presented by the Independent Publishers of New England (IPNE) for 2014: Book of the Year, Informational Non-Fiction, Cover Design, and Interior Design. The book was also a finalist in the category of Promotion. IPNE is a nonprofit trade association offering opportunities for education, networking, and marketing to small indie publishers. Toxic Staple tackles the insidious, epidemic, devastating effects of gluten sensitivity far beyond celiac disease. Your genetically modified wheat, rye, or barley is not what it was 60 years ago ... You can continue to suffer with whatever ails you (from hangnails and dry skin to asthma and allergies to cancers and autoimmune diseases and on and on) or you can take matters into your own hands and change your life and your health. Find a new doctor if you have to (in functional medicine that looks at the cause). This item: Toxic Staple: How Gluten May Be Wrecking Your Health and What You Can Do about It! Set up a giveaway Pages with related products.