

# Download The Santa Cruz Mountains Trail Book

Geology. The Santa Cruz Mountains are largely the result of compressive uplift caused by a leftward bend of the San Andreas Fault. The Salinian Block basement rocks are overlain by Miocene rock strata of the Lompico Sandstone, the Vaqueros Sandstone and the Santa Margarita Formation. Santa Cruz (/ ? s æ n t ? ? k r u ? z /, Spanish: Holy Cross) is the county seat and largest city of Santa Cruz County, California. As of 2013 the U.S. Census Bureau estimated Santa Cruz's population at 62,864. Buffeted by the Santa Cruz Mountains and Monterey Bay, Santa Cruz attractions offer a variety of activities for the entire family. The Santa Cruz Beach Boardwalk, Monterey Bay Aquarium and The Mystery Spot have long drawn tourists and residents alike. Santa Cruz is the quintessential California beach town – no matter what you're looking for, relaxation, adventure, fantastic scenery or all of the above, you're sure to find it here. If you're trying to figure out what to see and do, this list of fabulous things to do is sure to give you a great head start.