

Download The Recovery Spiral A Pagan Path To Healing

I am also Pagan. I strongly discourage Pagans to use this book in early recovery. People like us have a tendency to complicate even the most simple things. We pole vault over rabbit turds! It's my opinion that this book only complicates the process of recovery and often those who use it tend to relapse. The first recovery plan based on 12-step principles specifically for Pagans and others of nontraditional spirituality--combing new science and ancient knowledge. The first recovery plan based on 12-step principles specifically for Pagans and others of nontraditional spirituality--combing new science and ancient knowledge. Following the Tarot manual section is a Recovery Spiral Book of Shadows, which Collins created in part as a guide for Pagans wanting to journal their healing process. It contains questions and Wiccan-style rituals to enhance working the 12 steps, but none of these are Tarot-specific.