

Download The Jungle Effect Healthiest Diets From Around The World Why They Work And How To Make Them Work F

Doctors say nightmares are 'extremely common' on Tamiflu — here's why “I see it all the time. It’s very common—nightmares especially,” says Gina Posner, MD, a pediatrician in California. While I knew we were unique right down to our fingerprints, until I read "Biochemical Individuality," by Roger J. Williams I didn't realize just how different we all are. Mark never said, “they’re ok, but purge them.” He’s giving us some valuable information and best practices so we can make up our own minds (if we have the mind to do so).