

Download The Good Life For Less Giving Your Family Great Meals Good Times And A Happy Home On A Budget Pdf

When it comes to meal planning in our house, I have the best of intentions. Some nights, dinners are better thought out, and some consist of, “There’s a packet of ramen in the pantry, help yourself!” I’m joining the freezer cooking “sensation” and filling my freezer with crock pot meals! Lucky for you I’m sharing what I did and how I made 34 meals (many with enough leftovers for dinner the following day) in one afternoon for only \$146.96.