

Download Salt Sugar Fat How The Food Giants Hooked Us

“As a feat of reporting and a public service, Salt Sugar Fat is a remarkable accomplishment.”—The New York Times Book Review “[Michael] Moss has written a Fast Food Nation for the processed food industry. From a Pulitzer Prize-winning investigative reporter at The New York Times comes the explosive story of the rise of the processed food industry and its link to the emerging obesity epidemic. On the evening of April 8, 1999, a long line of Town Cars and taxis pulled up to the Minneapolis headquarters of Pillsbury and discharged 11 men who controlled America’s largest food companies. Today there is more information and research on the subjects of nutrition, health and obesity in the mainstream media than ever before. However, there is also more confusion.