

Download Sadhana The Realization Of Life

Paths. The term s?dhan? means spiritual exertion towards an intended goal. A person undertaking such a practice is known in Sanskrit as a s?dhu (female s?dhvi), s?dhaka (female s?dhak?) or yogi (Tibetan pawo; feminine yogini or dakini, Tibetan khandroma).Sadhana [spiritual practice] is important. It will give you a comprehensive knowledge of life with all its currents and crosscurrents. It is amazing to observe that most of the people enveloped in sloth and lethargy are not aware that life on this earth is but a brief moment, and that moment shouldSri Vidya Sadhana - Learn Authentic Srividya sadhana from Self-Realized Master. One-to-One Guidance and Online & Offline teachings.[horizontal-scrolling] Note from Sri Sivapremanandaji: All these articles are written by our srividya sadhaks with an intention to share and inspire to each other in the journey of Self-Realization with the grace of Divine mother.