

# Download Performing Under Pressure

Nobody performs better under pressure. Regardless of the task, pressure ruthlessly diminishes our judgment, decision-making, attention, dexterity, and performance in every professional and personal arena. Ready to win this season? NO you're NOT! Game time is 90% mental. What you don't know about performing under pressure can kill you on game day. We may feel more creative when we're under the gun, but it's a feeling, not a reality. It's true that you might be more productive, but the products you create are usually worse. In their new book ... "Under Pressure" is a 1981 song by the British rock band Queen and British singer David Bowie. It was included on Queen's 1982 album *Hot Space*. The song reached number one on the UK Singles Chart, becoming Queen's second number-one hit in their home country (after 1975's "Bohemian Rhapsody", which topped the chart for nine weeks) and Bowie's ...