

Download Obesity And Weight Management In Primary Care 1st Edition

The prevalence of obesity has increased markedly in recent years, and obesity is now considered an epidemic in the US. Obesity and its related metabolic abnormalities contribute significantly to cardiovascular disease, and excess weight is a risk factor for multiple disease outcomes, including cancer. Obesity is a continuing issue around the world and in many contexts. The growing number of obese people is an increasing concern for those in the medical profession, and obesity can pose specific challenges in relation to fertility and pregnancy. Health Care Guideline: Prevention and Management of Obesity (Mature Adolescents and Adults) Fifth Edition April 2011 I ICS INSTITUTE FOR CLINICAL Handy, practical guide provides clinicians with a comprehensive approach to the medical management of overweight children and adolescents. Coverage begins with the epidemiology, pathophysiology, and developmental aspects of child and adolescent obesity and a guide to evaluation of obese children.