

Download Kashmiri Pandits A Cultural Heritage

The Kashmiri Pandits (also known as Kashmiri Brahmins) are a Saraswat Brahmin community from the Kashmir Valley, a mountainous region in the Indian state of Jammu and Kashmir.*The population figures are only for the number of speakers of the Kashmiri language. May not include ethnic Kashmiris who no longer speak Kashmiri language.Kashmiri Overseas Association, Inc. (KOA) is a non-profit, tax-exempt socio-cultural organization registered in Maryland, USA. Its purpose is to protect, preserve, and promote Kashmiri ethnic and socio-cultural heritage, to promote and celebrate festivals, and to provide financial assistance to the needy and deserving.If daytime is divided into eight parts, the Brahmin may have his food only in the fifth or sixth part after performing all his rites. Before that he has neither any breakfast nor any snacks.