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Renowned medical expert John Heinerman, Ph.D. shows you how to harness the amazing healing power of common herbs and spices to reverse illness and restore vitality. In the tradition of his other bestselling health guides, Heinerman's Encyclopedia of Healing Juices and Heinerman's New Encyclopedia of Fruits and Vegetables, renowned medical expert John Heinerman, Ph.D. now shows you how to harness the amazing healing power of common herbs and spices to reverse illness and restore vitality! Widely known for his lectures throughout North America, Dr. Heinerman has appeared on television and radio and has written hundreds of articles in the area of folk medicine, herbs, and nutritional healing for The Herbalist, Folk Medicine Journal, and Vegetarian Times. Find helpful customer reviews and review ratings for Heinerman's Encyclopedia of Healing Herbs & Spices at Amazon.com. Read honest and unbiased product reviews from our users.