

Download Healthy Recipes For Chronic Kidney Patients Their Families

Diet and nutrition are an important part of living well with kidney disease. As your kidney disease progresses, your dietary needs will likely change as well. Living Well on Dialysis: A Cookbook for Patients and Their Families (2002, 3rd edition) Author: Council on Renal Nutrition - National Kidney Foundation The Doctor's Kidney Diets: A Nutritional Guide to Managing and Slowing the Progression of Chronic Kidney Disease [Mandip S. Kang MD] on Amazon.com. *FREE* shipping on qualifying offers. * Winner of the IBPA Benjamin Franklin Award for Best Health title In the United States alone You may need to make changes to your diet when you have chronic kidney disease (CKD). These changes may include limiting fluids, eating a low-protein diet, limiting salt, potassium, phosphorous, and other electrolytes, and getting enough calories if you are losing weight.