

# **Download Healthy Mouth Healthy Body The Natural Dental Program For Total Wellness**

Acclaimed oral health expert and wellness pioneer, Dr. Gerry Curatola, explores the bi-directional relationship between the health of your mouth and your body, and provides a groundbreaking program for creating a healthy mouth that will help maintain a healthy body. Product Features... wellness and balance to your mouth for healthy, strong teeth and gums ...Healthy Living Magazine is distributed at nearly 150 locations frequented by persons interested in a healthy lifestyle. Our readers choose to pick up the magazine because they are interested in it. The Top 5 Essential Oils for Healthy Teeth and Gums Cinnamon essential oil. Cinnamon essential oil has long been used for its medicinal properties, specifically its antifungal, antibacterial properties.