

# Download Healthy Lunch Cookbook Super Sandwiches

Before I share these healthy school lunch ideas, I have a confession to make... Since we homeschool, this isn't an area that I have daily experience with as I don't need to pack lunches every single day (but much respect to all of you parents who do!). Most of us grew up on turkey sandwiches. More personal and more enlightening than the typical celebrity cookbook, this health-focused collection from Sheryl Crow and her personal chef is a refreshing addition to an increasingly crowded field.