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This item: The Gastroparesis Healing Diet: A Guided Program for Promoting Gastric Relief, Reducing Symptoms and... by Tammy Chang Paperback \$12.29 In Stock. Ships from and sold by Amazon.com. A customizable approach to overcoming your debilitating symptoms of gastroparesis through a personalized nutritional program. With no identifiable cause, no known cure, and life-sapping symptoms, gastroparesis can make you feel helpless. But you're not! The Gastroparesis Healing Diet empowers you to fight back by taking total control of your diet. Read this book using Google Play Books app on your PC, android, iOS devices. Download for offline reading, highlight, bookmark or take notes while you read The Gastroparesis Healing Diet: A Guided Program for Promoting Gastric Relief, Reducing Symptoms and Feeling Great. The recipes are in the latter section of the book and look absolutely delicious, so to those dealing with gastroparesis, know that this does not have to mean the end of a delicious diet of varied foods.