

Download From Timid To Tiger A Treatment Manual For Parenting The Anxious Child

This item: From Timid To Tiger: A Treatment Manual for Parenting the Anxious Child by Sam Cartwright-Hatton Paperback £24.63 In stock. Sent from and sold by Amazon. This book is an essential manual for mental health professionals who work with young anxious children and their parents. Organised into a 10-session parenting-based course, the book provides parents with simple cognitive behavioural techniques for helping their children to manage their worries and fears. This item: From Timid To Tiger: A Treatment Manual for Parenting the Anxious Child by Sam Cartwright-Hatton Paperback \$38.40 Only 4 left in stock - order soon. Ships from and sold by Wordery Specialist. Add tags for "From timid to tiger : a treatment manual for parenting the anxious child". Be the first.