

Download Feng Shui Essentials Black Life

What is Feng Shui? "Feng shui" is an ancient chinese practice of achieving life fulfillment by promoting wealth, health and relationship through harnessing "qi" (or chi) in a location, be it our surrounding environment, our home, workplace or business property. In my Five Elements series so far, we've looked at the Feng Shui benefits of the Wood, Fire, Earth and Water elements. Let's look now at the focussed and meticulous Metal element. The Feng Shui Bagua uses your space to map your life, identifying the life areas where you need to make key changes. The Bagua Map is Feng Shui's way of bringing the power of your Intention to your health, intimate relationships, money matters and more. Feng Shui, astrology, traditions – truth, superstition or myth? Chinese culture is rich in customs, traditions, and superstitions and personally, I do observe them with respect but also take some of them with some uncertainty.