

Download Disaster Prep Ways Ready How

Video: Six Things to Know Before a Disaster. Every minute counts during a disaster – plan now so you're prepared. Here are six important things to know before a disaster strikes. Make sure your emergency kit is stocked with the items on the checklist below. Most of the items are inexpensive and easy to find, and any one of them could save your life. Across the ages, in every survival story, a disaster of some sort plays a prominent role. Sometimes the part is played by the government, sometimes it is played by Mother Nature, and other times, the role is taken on by a random mishap. I was once PrEP's biggest cheerleader. But one day, PrEP caused a serious reaction and sent me to the ER, leaving me with a \$12,000 bill... PrEP is all the rage in our gay world these days.