

# Download Diabetes Control In Your Hands

Checking Your Blood Glucose. Blood glucose (blood sugar) monitoring is the main tool you have to check your diabetes control. This check tells you your blood glucose level at any one time. Overview Goals. The treatment goals are related to effective control of blood glucose, blood pressure and lipids, to minimize the risk of long-term consequences associated with diabetes. Donate Today to Fight Diabetes. Diabetes isn't a choice, but we can all choose to fight it. Your gift makes a difference and will go a long way to support research for a cure and better treatments as well as to raise awareness about the #EverydayReality of living with this disease. What is Diabetes? Diabetes or diabetes mellitus is a chronic disease where the body does not make or does not use insulin properly, resulting in having too much sugar (glucose) in the blood.