

Download Dare To Dream Flying Solo With Diabetes

Flying With Diabetes (FWD) aims to inspire and advocate positive messages about living and flying with diabetes. We do this by carrying out exciting aviation speed records, and organizing FWD Days at aviation museums and airfields for children, adults and families, and local communities with diabetes. Who We Are. Participating Pilots. Douglas Cairns (UK) Douglas is the founder and Director of Flying with Diabetes. In 1989 Douglas was a British Royal Air Force jet pilot at the age of 25 when he was diagnosed with type 1 diabetes, and consequently lost his flying career. When your local ultra marathon falls on World Diabetes Day, what else would you expect me to do with such great timing?! Following from my distant last year's 2nd place performance at the 60K (to my good and speedy friend Carlo Agostinetti), my goal was to run my own race. Parents, adults and older kids have a wealth of material available to help them learn to manage diabetes better. Here is a list of books that you might find useful.