

Download Cooking Light Slow Cooker Cookbook

For delicious make-ahead meals, nothing beats a crock-pot. Cooking Light® Slow Cooker Tonight! is your perfect source for recipes that transform simple ingredients into filling, flavorful dishes. Slender Slow Cooker Cookbook Low Calorie Recipes for Slow Cooking under 200, 300 and 400 calories. This book is for you if: You're looking for easy low calorie slow cooker recipes, which keep an eye on your calorie intake. Find quick and healthy recipes, nutrition tips, entertaining menus, and fitness guides to help you make smart choices for a healthy lifestyle from Cooking Light magazine. Read the What are the cooking temperatures of your slow cooker? discussion from the Chowhound Cookware, Slow Cookers food community. Join the discussion today.