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Kenjutsu (??) is the umbrella term for all schools of the Japanese swordsmanship, in particular those that predate the Meiji Restoration. Iaido started in the mid-1500s. Hayashizaki Jinsuke Shigenobu (1542 - 1621) is generally acknowledged as the organizer of Iaido. There were a lot of people Koryu (customary schools), however just a little extent remain today. Yang Style Taijiquan Long Form Yang Cheng-Fu's (1883-1936) T'ai Chi Ch'uan Long Empty Hand Form circa 1925 Internal Martial Arts and Mind-Body Training Contribuisce a migliorarla secondo le convenzioni di Wikipedia. Segui i suggerimenti del progetto di riferimento.