

# Download Childhood Emotional Abuse

It has been said that “no one escapes childhood unscathed.” But sayings like these can have an especially significant meaning for a person who has experienced emotional abuse as a child. Editor’s note: If you have experienced childhood emotional or sexual abuse, the following post could be potentially triggering. You can contact the Crisis Text Line by texting “START” to 741741. When we think of “childhood abuse,” usually the first types that come to mind are physical and Adult Survivors of Child Abuse (ASCA SM) is an international self-help support group program designed specifically for adult survivors of neglect, physical, sexual, and/or emotional abuse. Child abuse or child maltreatment is physical, sexual, or psychological maltreatment or neglect of a child or children, especially by a parent or other caregiver.