

# Download Cat Massage Expert Know How Fingertips

Buy Melt: Massage for Couples today and get instant, unlimited access to our online streaming video tutorials, designed to help couples get closer together. Incorporate brushing into your daily routine. When your cat is not grooming himself as well as he once did, one of the best things you can do is to incorporate regular brushing into your routine. Fact: You can be in the best shape of your life at any age. How do I know this? Well, because I am living, breathing proof. I'm 60 years-old and I'm measurably fitter than I was 10 years ago. 4) Leg Massage. She will be pleased if you stroke her thighs and calves, knead them lightly and caress them using your fingertips. Make sure not to put too much pressure on the knee pits while you use your thumbs to gently massage the area around the kneecap.