

Download An Introductory Guide To Aromatherapy

Welcome to the new Bomar Aromatherapy website. Bomar Aromatherapy is your source for essential oils, carrier oils, packaging, beauty textbooks, soap making supplies and a whole lot more. The Heart of Aromatherapy: An Easy-to-Use Guide for Essential Oils [Andrea Butje] on Amazon.com. *FREE* shipping on qualifying offers. Aromahead Institute founder Andrea Butje brings 40 essential oils to life in this guide to safe and effective aromatherapy. From cardamom to lavender to yuzu Aromatherapy for Beginners: The Complete Guide to Getting Started with Essential Oils [Anne Kennedy] on Amazon.com. *FREE* shipping on qualifying offers. With helpful charts, beautiful photography, advice for buying essential oils, and 150 tried-and-true recipes The essential oils are the aromatic, natural chemical compounds extracted from various parts of a plant: leaves, flowers, stems, roots, bark, etc. They are in such a potent form that a single drop of essential oil can equal multiple teaspoons of the dried herb (for instance, 1 drop of peppermint oil